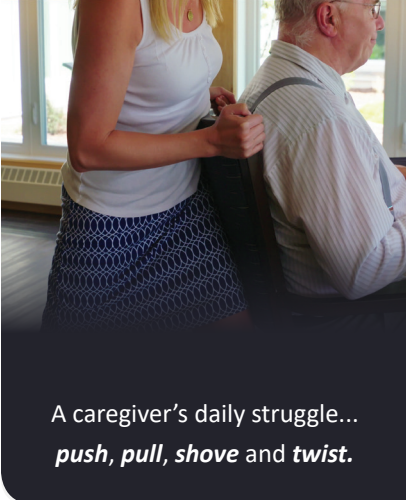


How to **Begin...**

→ TO BEGIN:



A caregiver's daily struggle...
push, pull, shove and *twist*.

Next time you visit the dining room, identify which residents pose the greatest challenge to care staff:

- 1 Residents using walkers / rollators when coming to the dining room
- 2 Residents over 300 lbs. who require assistance from care staff
- 3 Residents who have difficulty comprehending verbal instructions and appear agitated with care staff
- 4 Residents with cognitive motor skills challenges such as **dementia**, **Parkinson's** or **arthritis**

Find out from maintenance personnel:

- 1 How many chairs are structurally unsafe and in need of reinforcement?
- 2 How many chairs have already been taken out of circulation?
- 3 Are floors currently showing excess wear from skidding chairs? When was the last time floors were replaced?

→ THE NEXT STEP:

Attach Chair CADDIES to several existing chairs. Listen for feedback from care staff, residents and family.



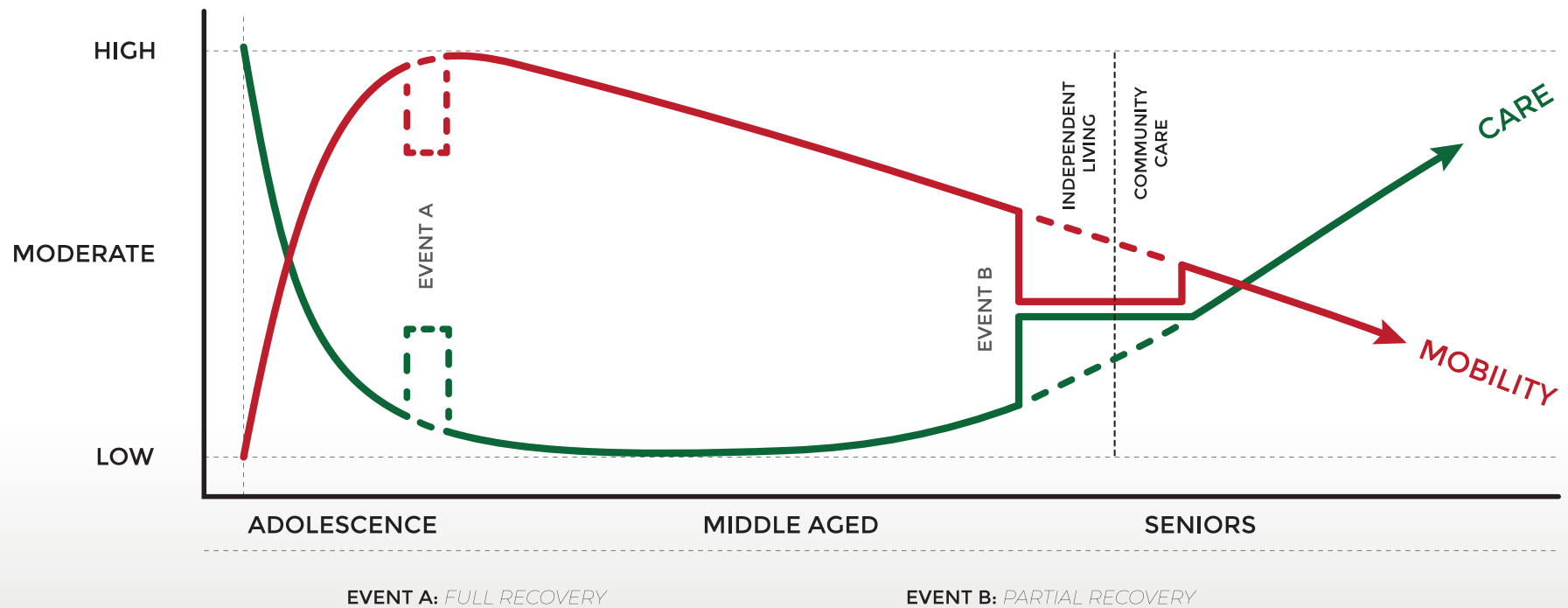
Chair *Caddie* RETRO-FIT

- 1 Attaches to **YOUR** existing chairs (wood or metal)
- 2 Low profile design – chair is raised $\frac{3}{4}$ " above the floor
- 3 Fits inside the footprint of an existing chair
- 4 Anti-tip glides
- 5 Foot activated locking rear caster
- 6 Rated for 450 lbs.
- 7 Attaches to arm or armless chairs



The Chair CADDIE eliminates **pushing**, **pulling**, **shoving**, and **twisting**.

AS CARE NEEDS CHANGE...



MOBILITY

As a person's
mobility
decreases...



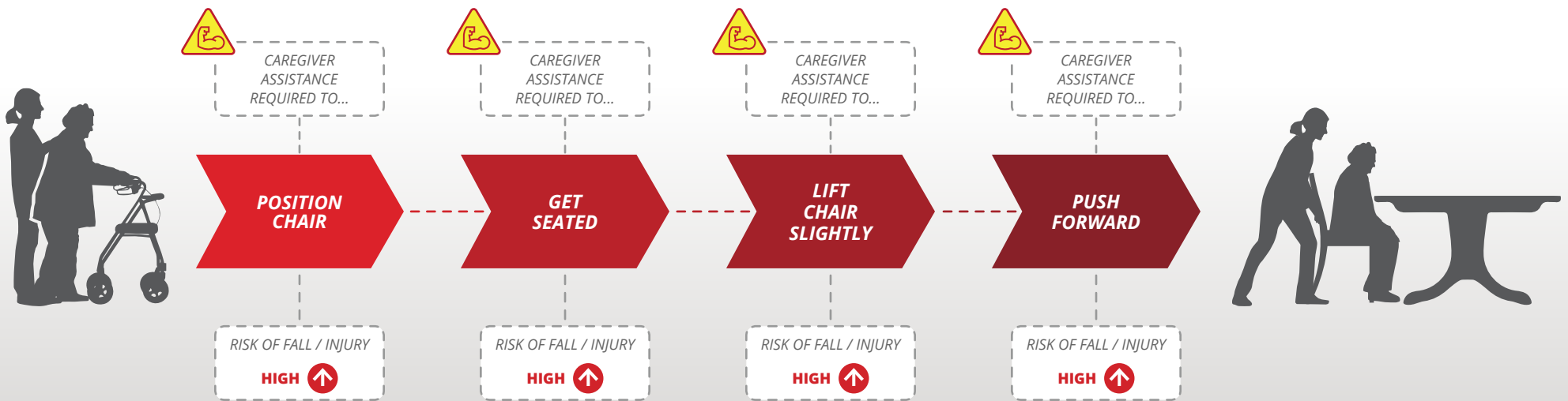
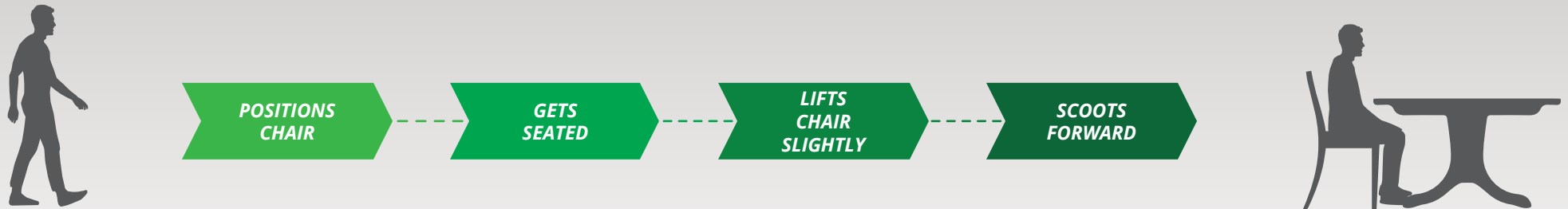
CARE LEVELS

...Caregivers are expected to
provide increased levels of
physically demanding care...



THE PHYSICAL DEMANDS OF CAREGIVERS INCREASES

HOW DOES A PERSON GET SEATED AT THE TABLE...



The Trip Zone

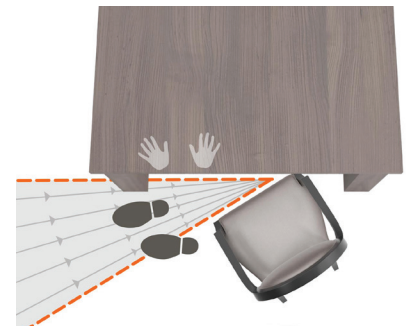
Consider the Following: The Need for Controlled Mobility

Care staff experience first-hand, a senior's changing ability to move about independently, as they are charged with providing **'whatever physical effort is required'** when assisting a seated person to the table.

The "trip zone" is the area around the table in which there could be as many as 13 contact points* any of which can be bumped into or tripped over while care staff assists a person into the chair.

The likelihood of a fall/trip occurring within the "trip zone" increases the closer the person being assisted gets to the table. One missed step by either person will result in a disastrous conclusion to the "table dance" routine.

The "trip zone" exists because care staff have to position the chair as close to the table as possible. They do this knowing once the person is seated they are expected to provide the muscle in order for the seated person to be positioned suitably at the table.



Minimizing the effects of the trip zone



When chairs roll...the person remains standing away from the table supported by his/her walker/rollator. Once the chair is rolled up behind them and locked for safety, the care staff invites them to sit down. The person being seated is at minimal risk of falling.



When chairs swivel...the seat of the chair is turned to face away from the table. The person remains standing supported by their walker/rollator. The care staff provides verbal cues (acting as a coach) guiding the person to take a few steps towards the chair. Once aligned with the seat of the chair the person releases hold of the walker and reaches for the arms of the chair for support and sits down. Once seated, the seat of the chair is swiveled to face the table.

- X** Currently, the only option available to care communities are wheelchairs or dining chairs with active front casters. Seniors resent wheelchairs often referring to them as 'one appliance before the gurney'.
- X** Dining chairs with front casters contribute significantly to damaged floors and structural weakness of chairs as care staff routinely twist the chair by pulling on one arm in order for the seated person to exit the table.



*13 Contact Points: 4 legs of the chair, 4 wheels of the walker, 2 feet of person being assisted, 2 or more feet of caregivers, 1 table top and potentially a table leg.

HOW CHAIRS THAT SWIVEL...TURN...ROLL ELIMINATE TABLE INTERFERENCE



**Traditional
Seating**

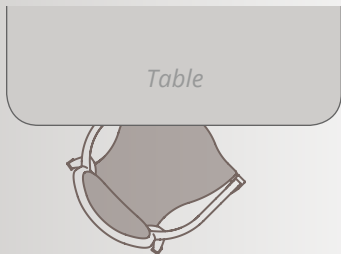


Table Interference:
HIGH ⬆



CHAIR: ***Turns* (360°)**
Rolls
Brakes

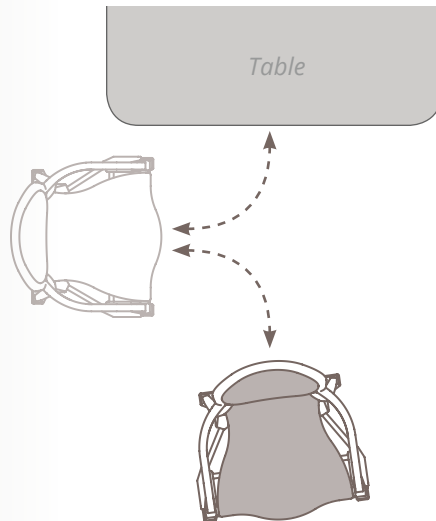


Table Interference:
LOW ⬇



SEAT: ***Swivels***
***Locks* - 90°**

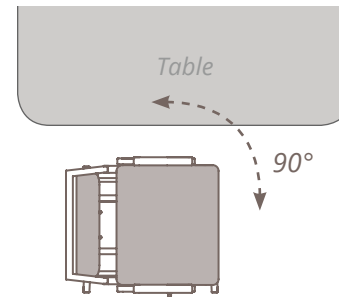


Table Interference:
LOW ⬇



SEAT: ***Swivels***
***Locks* - 90°**

CHAIR: ***Rolls* (Inline)**
Brakes

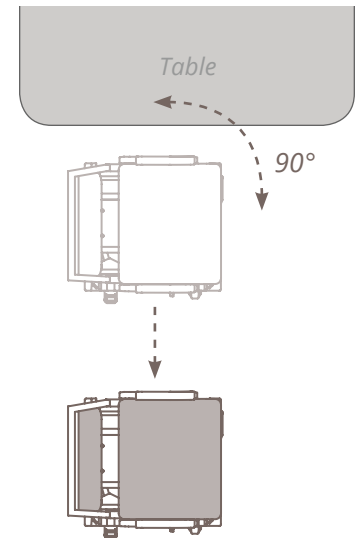
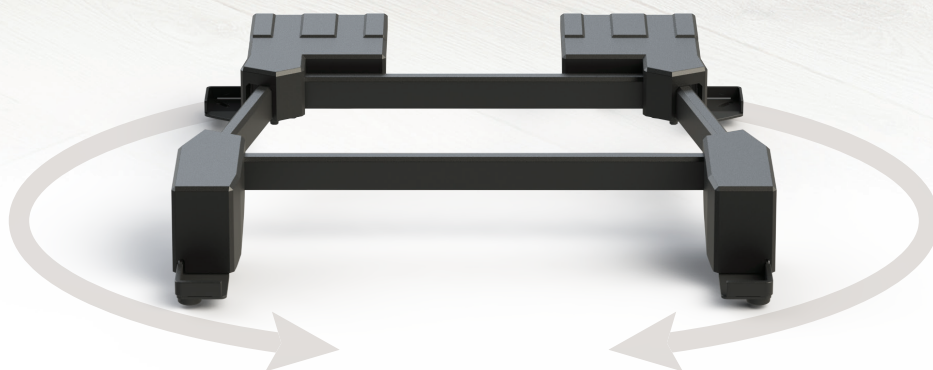


Table Interference:
LOW ⬇



Chair *Caddie*TM RETRO-FIT



It Turns...It Rolls...and Brakes for Safety!

- Extends life of chairs by 2-4 years
- Eliminates damage to floors
- Attaches to existing chairs



The Chair CADDIE enables care staff to easily and safely move a seated person up-to and away-from the table...without risk of injury.

- Reduces care staff fatigue
- Reduces workplace injuries
- Provides dignity to persons with limited mobility

NO Pushing...NO Shoving...NO Twisting!





OUTCOMES

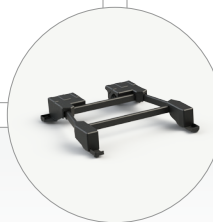
Senior care communities incorporating controlled mobility (**Swivel...Roll**) features onto dining room furniture identified the following:

(1) ADMINISTRATION / MAINTENANCE

- ✓ Reduced capital expenses
 1. Chairs remain in service 4-7 years longer
 2. Damage to floors is eliminated
 3. All existing damaged chairs can be brought back into circulation
- ✓ Increased occupancy (families/visitors see the increased level of resident centered care provided in the dining room)
- ✓ Staff appreciate management pro-actively addressing workplace safety

(2) HUMAN RESOURCES

- ✓ Increased staff retention (reduced physical demands of care staff)
- ✓ Increased recruitment (attracts early retirees looking to become re-engaged in the care community)
- ✓ Reduced absenteeism (less injuries/fatigue to front-line staff)
- ✓ Reduced staffing costs (overtime and workers' compensation claims)



(3) CAREGIVERS

- ✓ Reduced physical effort while performing daily tasks of moving residents up-to and away from tables
- ✓ Reduced workplace injuries
- ✓ Soft skills (ie. compassion, empathy, tolerance) become more evident as physical fatigue diminishes
- ✓ Better **work / life balance** as front-line staff tasked with moving seated individuals up-to and away-from tables have more energy at the end of a shift

(4) RESIDENTS

- ✓ Increased dignity
- ✓ Increased engagement/interaction with staff
- ✓ Enhanced relationships with care providers
- ✓ Increased safety when being seated

FAMILIES

- ✓ Increased level of service satisfaction
- ✓ Increased level of confidence in staff



www.comfortek.com/cc
info@comfortek.com
1.888.678.2060



Chair *Caddie*

ONLINE RESOURCES



I didn't Expect Mealtimes To Be So Difficult

Harry & Sally

<https://vimeo.com/754893969>

Lifestyle

- | | |
|---|--|
| 1.1 Seniors Caring for Seniors | https://vimeo.com/1003649569 |
| 1.2 Outdoor Living | https://vimeo.com/993536239 |
| 1.3 Home Health | www.comfortek.com/home-health |
| 1.4 Home Health - Ed & Wanda | https://vimeo.com/605016973 |
| 1.5 Rehab / Hospital | www.comfortek.com/rehab |
| 1.6 Bariatric Seating | https://vimeo.com/420842211 |
| 1.7 Bariatric Seating (Office) | https://vimeo.com/656235397 |
| 1.8 Community Dining
(5 - 16 Residents)
(1 - 4 Residents) | https://vimeo.com/1069758899
https://vimeo.com/1077330822 |

Here's How We Do It:

- | | |
|--|---|
| 2.1 Chair Caddie - Overview | www.comfortek.com/cc |
| 2.2 Chair Caddie - How It Works | https://vimeo.com/803195224 |
| 2.3 T2 CC1
Self-Locking | https://vimeo.com/421574086 |
| 2.4 T2 CC2
Side Mounted Hand Brake | https://vimeo.com/420845067 |
| 2.5 T2 CC4
Foot Brake | https://vimeo.com/420828011 |
| 2.6 T2 Swivel
Hand Release | https://vimeo.com/647505836 |
| 2.7 T2 Swivel CC5
Hand Release / Foot Brake | https://vimeo.com/389754451 |

Print Resources

- | | |
|----------------------------|--|
| 3.1 White Paper | www.comfortek.com/iadvance |
| 3.2 The Wheelbarrow Effect | www.comfortek.com/wheelbarrow |
| 3.3 The Trip Zone | www.comfortek.com/trip-zone |
| 3.4 When Care Needs Change | www.comfortek.com/care-needs |
| 3.5 Why It Matters! | www.comfortek.com/why-it-matters |



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